

#### **SMNLL Registration Checklist 2024**

Welcome to San Marino National Little League's 2024 Spring Season! In order to complete your registration and prepare for the start of the season, please complete the appropriate forms (attached) on the checklists below. Your child will not be placed on a team / allowed on a field without the appropriate forms being completed. If you have any questions, please contact the Registrar at <a href="registrar@smnll.org">registrar@smnll.org</a>.

#### For players/families returning to SMNLL:

- Please Volunteer for a position! This season, we will again be using Little League's official background check provider, JDP, to streamline the process and keep your information as private as possible. Please enter your information in the volunteer section of the registration process and you will receive an email invitation to process your background check electronically.
- 2. Fill out **Medical Release Form** and give to manager at first practice
- 3. Read the attached Concussion and Parent Conduct forms

#### For players/families new to SMNLL:

All new Little League players must provide documents to the Registrar verifying their birthdates and establishing SMNLL eligibility. SMNLL eligibility comes from either living within SMNLL boundaries (enter your address at <a href="https://www.littleleague.org/play-little-league/league-finder/">https://www.littleleague.org/play-little-league/league-finder/</a>) to check) or attending school within the boundaries.

- 1. **Birth Certificate** (upload in registration process, return at evaluations, or scan and email to <u>registrar@smnll.org</u>) AND
- 2a. **Eligibility verification docs** (upload in registration process, return at evaluations, or scan and email to registrar@smnll.org)
  - One from each of three categories of documents demonstrating residency within SMNLL boundaries:

	GROUP ONE	GROUP TWO		GROUP THREE	
1.	Driver's License	1. Welfare/child care records	1.	Voter's Registration	
2.	School records	2. Federal records (Federal Tax,	2.	Utility bills (i.e., gas, electric, water/	
3.	Vehicle records (i.e., registration, lease, etc.)	Social Security, etc.)		sewer, phone, mobile phone, heating,	
		<ol><li>State records</li></ol>		waste disposal)	
4.	Employment records	4. Local (municipal) records	3.	Financial records (i.e. loan, credit, investments, etc.)	
5.	Insurance documents	<ol><li>Support payment records</li></ol>	4.	Medical records	
		<ol><li>Homeowner or tenant records</li></ol>	5.		
		7. Military records		Internet, cable, or satellite records	

OR

- 2b. Proof of school attendance within San Marino (have Principal sign the attached **School Enrollment** form)
- 3. Please **Volunteer** for a position! Please enter your information in the volunteer section of the registration process.
- 4. Fill out Medical Release Form and give to manager at first practice
- 5. Read the attached **Concussion** and **Parent Conduct** forms

#### **SMNLL Registration Q&A**

#### *Q: Is my player eligible for SMNLL?*

A: SMNLL eligibility comes from either living within or attending school within the League boundary, which includes San Marino and part of San Gabriel. Enter your address at <a href="https://www.littleleague.org/play-little-league/league-finder/">https://www.littleleague.org/play-little-league/league-finder/</a> to determine your eligibility. Note that **softball** players living or attending school in the neighboring Pasadena Southwest or Pasadena American district boundaries are also eligible to play in SMNLL. Eligibility is strictly enforced by Little League regional/national authorities and waivers are typically only available for players that have moved out of the district or have had siblings play in SMNLL.

#### *O:* When are practices and games? Can I request a certain practice time?

A: T-Ball and Coach Pitch games are typically held once a week on Saturdays, with one practice during the week at a time determined by the manager. Competitive divisions (Farm and up) typically play 1-2 games a week and practice 1-2 times a week, at various times. Given the complexity of forming teams, SMNLL is unable to take practice time requests.

#### Q: How much does registration cost?

A: Registration for T-Ball and Coach Pitch costs \$175 per player, plus a \$25 jersey fee. Registration for competitive divisions costs \$275 before December 25<sup>th</sup> and \$300 afterwards, plus a \$39 jersey fee. Registration also includes a \$50 per family field maintenance fee that helps us offset the increasing costs of providing quality fields for our players.

#### Q: When does registration close?

A: Registration for competitive divisions will close on Friday, January 19<sup>th</sup>, prior to the second evaluation session. Registration for T-Ball and Coach Pitch will close in mid-February.

#### Q: What division is appropriate for my player?

A: A player's age will generally determine the division in which he/she will play. Players in need of additional development may be assigned to a lower division, while occasionally a player may "play up" if drafted to a higher division. Please see the division details at <a href="https://tshq.bluesombrero.com/Default.aspx?tabid=1474955">https://tshq.bluesombrero.com/Default.aspx?tabid=1474955</a> and/or email registrar@smnll.org with any questions.

#### Q: Can I request a team or manager?

A: T-Ball and Coach Pitch players can request teammates or coaches in the registration process. Teams in competitive divisions are formed using a draft process, and thus do not accept team/coach requests.

#### *O:* When does the season start?

A: Competitive divisions start practicing and pre-season games in late January and T-Ball/Coach Pitch teams start in mid-to-late February. Opening Day will be Saturday, March 2<sup>nd</sup>.

#### *Q: How can I volunteer?*

A: SMNLL needs your help managing/coaching, setting up fields, and in other roles! Please sign up for a volunteer role during the registration process or email <a href="registrar@smnll.org">registrar@smnll.org</a> and the League will contact you with additional information. We use Little League's official background check provider, JDP, to streamline the process and keep your information as private as possible. Please enter your information in the volunteer section of the registration process.

#### *O:* Who should I contact if I have additional questions?

A: Please contact the registrar at registrar@smnll.org.



## MEDICAL RELEASE



**NOTE**: To be carried by any Regular Season or Tournament Team Manager together with team roster or International Tournament Affidavit.

Player:	Date of Birth	: Gend	ler (M/F):		
Parent(s)/Legal Guardian Nam	ne:	Relationship:			
Parent(s)/Legal Guardian Nam	ne:	Relationship:	<del></del>		
Player's Address:	City:	State/Country:_	Zip:		
Home Phone:	Work Phone:	Mobile Ph	one:		
PARENT OR LEGAL GUAR	DIAN AUTHORIZATION:	Email:			
	physician cannot be reached, I h T, First Responder, E.R. Physiciar		child to be treated by Certifie		
Family Physician:		Phone:	<del>-</del>		
Address:	City:	State	e/Country:		
Hospital Preference:					
Parent Insurance Co:	Policy No.:	Gr	oup ID#:		
League Insurance Co:	Policy No.:	Lea	gue/Group ID#:		
Name	Phone		Relationship to Player		
Name	Phone		Relationship to Player		
Please list any allergies/medical p	problems, including those requiring mainte	nance medication (i.e. Di	abetic, Asthma, Seizure Disorder).		
Medical Diagnosis	Medication	Dosage	Frequency of Dosage		
Date of last Tetanus Toxoid Bo	oster:	<u> </u>			
	n is to ensure that medical personnel have deta		which may interfere with or alter treatme		
Mr./Mrs./Ms.	in is to ensure that medical personner have dea	alis of any medical problem	which may intenere with or after treating		
Authorized Pa	arent/Legal Guardian Signature		Date:		
FOR LEAGUE USE ONLY:					
_eague Name:		League ID:			
Division:	Team:		Date:		

#### San Marino National Little League

# CONCUSSION FACT SHEET FOR PARENTS

### WHAT IS A CONCUSSION?

A concussion is a type of traumatic brain injury. Concussions are caused by a bump or blow to the head. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious.

You can't see a concussion. Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury. If your child reports any symptoms of concussion, or if you notice the symptoms yourself, seek medical attention right away.

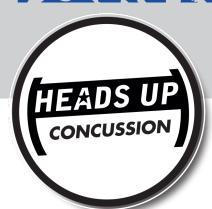


If your child has experienced a bump or blow to the head during a game or practice, look for any of the following signs of a concussion:

#### SYMPTOMS REPORTED BY ATHLETE:

- · Headache or "pressure" in head
- · Nausea or vomiting
- · Balance problems or dizziness
- Double or blurry vision
- · Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- · Concentration or memory problems
- Confusion
- Just not "feeling right" or is "feeling down"





#### SIGNS OBSERVED BY PARENTS/ GUARDIANS:

- Appears dazed or stunned
- Is confused about assignment or position
- · Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- · Answers questions slowly
- Loses consciousness (even briefly)
- · Shows mood, behavior, or personality changes



#### **DANGER SIGNS**

Be alert for symptoms that worsen over time. Your child or teen should be seen in an emergency department right away if s/he has:

- One pupil (the black part in the middle of the eye) larger than the other
- · Drowsiness or cannot be awakened
- A headache that gets worse and does not go away
- · Weakness, numbness, or decreased coordination
- · Repeated vomiting or nausea
- Slurred speech
- · Convulsions or seizures
- Difficulty recognizing people or places
- · Increasing confusion, restlessness, or agitation
- Unusual behavior

a lifetime.

 Loss of consciousness (even a brief loss of consciousness should be taken seriously)

## WHAT SHOULD YOU DO IF YOU THINK YOUR CHILD HAS A CONCUSSION?

- SEEK MEDICAL ATTENTION RIGHT AWAY
   A health care professional will be able to decide how serious the concussion is and when it is safe for your child to return to regular activities, including sports.
- 2. KEEP YOUR CHILD OUT OF PLAY.
  Concussions take time to heal. Don't let your child return to play the day of the injury and until a health care professional says it's OK. Children who return to play too soon while the brain is still healing risk a greater chance of having a second concussion. Repeat or later concussions can be very serious. They can cause permanent brain damage, affecting your child for
- TELL YOUR CHILD'S COACH ABOUT ANY PREVIOUS CONCUSSION.
   Coaches should know if your child had a previous concussion. Your child's coach may not know about a concussion your child received in another sport or

activity unless you tell the coach.

# HOW CAN YOU HELP YOUR CHILD PREVENT A CONCUSSION OR OTHER SERIOUS BRAIN INJURY?

- Ensure that they follow their coach's rules for safety and the rules of the sport.
- Encourage them to practice good sportsmanship at all times.
- Make sure they wear the right protective equipment for their activity. Protective equipment should fit properly and be well maintained.
- Wearing a helmet is a must to reduce the risk of a serious brain injury or skull fracture.
  - However, helmets are not designed to prevent concussions. There is no "concussion-proof" helmet. So, even with a helmet, it is important for kids and teens to avoid hits to the head.

#### HOW CAN I HELP MY CHILD RETURN TO SCHOOL SAFELY AFTER A CONCUSSION?

Children and teens who return to school after a concussion may need to:

- · Take rest breaks as needed
- Spend fewer hours at school
- Be given more time to take tests or complete assignments
- Receive help with schoolwork
- · Reduce time spent reading, writing, or on the computer

Talk with your child's teachers, school nurse, coach, speech-language pathologist, or counselor about your child's concussion and symptoms. As your child's symptoms decrease, the extra help or support can be removed gradually.



JOIN THE CONVERSATION www.facebook.com/CDCHeadsUp

TO LEARN MORE GO TO >> WWW.CDC.GOV/CONCUSSION

# **Sport Parent Code of Conduct**

We, the \_\_\_\_\_\_ Little League, have implemented the following Sport Parent Code of Conduct for the important message it holds about the proper role of parents in supporting their child in sports. Parents should read, understand and sign this form prior to their children participating in our league.

Any parent guilty of improper conduct at any game or practice will be asked to leave the sports facility and be suspended from the following game. Repeat violations may cause a multiple game suspension, or the season forfeiture of the privilege of attending all games.

#### **Preamble**

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles:

- Trustworthiness,
- Respect,
- Responsibility,
- Fairness,
- Caring, and
- Good Citizenship.

The highest potential of sports is achieved when competition reflects these "six pillars of character."

#### I therefore agree:

- 1. I will not force my child to participate in sports.
- 2. I will remember that children participate to have fun and that the game is for youth, not adults.
- 3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
- 4. I will learn the rules of the game and the policies of the league.
- 5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.
- 6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.

- 7. I will not encourage any behaviors or practices that would endanger the health and well being of the athletes.
- 8. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- 9. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
- 10. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
- 11. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
- 12. I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
- 13. I will emphasize skill development and practices and how they benefit my child over winning. I will also de-emphasize games and competition in the lower age groups.
- 14. I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.
- 15. I will respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place.
- 16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sports events.
- 17. I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

Parent/Guardian Signature



## Little League® Baseball and Softball School Enrollment Form

The District and the Local League will maintain this form and supporting documentation in their files. Completion of this form is only required ONCE during a participant's career, unless the school enrollment changes. A II(d) waiver would then be required.

Daic	Parent/Legal Guardian					
League Name:			Le	ague ID#:		
Player/Student	Name:		Do	ate of Birth:		
Division: (Check One)	□ Baseball	Level: (Check One)	☐ Tee Ball	☐ LL (Majors)	☐ Junior ☐ Senior	
Parent/Guardic	an Address:					
		(Street)		(City/State)		(Zip)
To be filled ou						
	•		incipal, or Vi	ce Principal		
					School, lo	cated at
(Print N	Name) (Physical Address	of	;;	Print School Name) (School Phone Number)	hereby ver	ify that
(Print N	Name) (Physical Address	of	;;	Print School Name)	hereby ver	ify that
(Print N	Name) (Physical Address	of s) as enrolled an	d is attending th	Print School Name) (School Phone Number) ne above named scho	hereby ver	ify that
(Print Studen	Name) (Physical Address ho	of as enrolled and	d is attending th	Print School Name) (School Phone Number) ne above named scho	hereby ver	ify that
(Print N (Print Studen academic year	(Physical Address how has been depicted by the prior to October 1, 6	of as enrolled an	d is attending th	Print School Name) (School Phone Number) ne above named scho	hereby ver	ify that

If the Charter/Tournament Committee subsequently finds that the information submitted as acceptable documentation regarding school enrollment/attendance now shows that the previously submitted information/documentation was falsified, misrepresented or insufficient, then Little League Baseball, Incorporated reserves the right to impose sanctions and/or penalties on all appropriate parties, including but not limited to players, coaches, league officials, and/or the league which could result in suspension and/or terminations with Little League Baseball, Incorporated.